

Sports Grant Report 2019-20

Physical Education at King's Cross Academy

At King's Cross Academy, we believe that Physical education and sport have a vital role to play in the physical, social, emotional and intellectual development of children.

We believe physical education and sport are important in giving children the knowledge, understanding and the tools to make informed choices about healthy living and have a positive impact on their own health and well-being.

The physical education curriculum at King's Cross Academy aims to provide for pupils' increasing self- confidence through an ability to manage themselves successfully in a variety of situations.

Children will have the opportunity to take part in a wide range of sports and physical activities, carried out in a safe and supportive environment, where effort and hard-work, as well as success, is celebrated and enjoyment and working together is promoted.

Disabilities and Accessibility

The Academy is highly inclusive and believes that all children should be able to access physical activity opportunities, no matter what their special need or disability is.

The Academy does this through:

- Maintaining an inclusive learning environment
- Modifying and adapting the curriculum to adapt to pupils individual needs when required
- Using multi-sensory approaches, including information and communication technology (ICT)
- Working with additional adults
- Managing peer relationships
- Developing physical memory

- Developing and encouraging motivation
- Using expertise from other professionals such as Occupation Therapists / Physiotherapists

The Sports Premium

The Department for Education sports grant funding for school's aims to promote physically literacy and provide children with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

The funding has been provided for the achievement in self-sustaining improvement in the quality of PE and sport in primary schools by ensuring impact against the following objective and Indicators:

1. the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. the profile of PE and sport being raised across the school as a tool for whole school improvement
3. increased confidence, knowledge and skills of all staff in teaching PE and sport
4. broader experience of a range of sports and activities offered to all pupils
5. increased participation in competitive sport

It is important to emphasise that the focus of spending must be **sustainable** and leave a **lasting legacy** beyond the funding allocation

The sports premium funding for the Academy for 2019/20

Academic Year:	2019 - 20
Total Funding Allocation:	£ 17,760
Actual Funding Spent:	£17,580

2019– 2020 Action Plan (pre-covid)

Because of the impact of Covid-19 many of the objectives and key activities listed below were suspended because of the restrictions in place. Some progress was made in autumn '19 and spring '20 (these have been highlighted in yellow) but the majority of the funding was redirected to other activities that support physical activities during lockdown and throughout remote learning. All the activities during lockdown were focused on Indicator 1: 'The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles'

Objective	Key Action	Allocated Funding	Anticipated Outcomes
INDICATOR 1	The engagement of all pupils in regular physical activity – Kick starting a healthy active lifestyle		
Swimming for all pupils	Organise for all Reception, Year 1, 2 pupils to have swimming lessons in 5 Pancras Square Pool for a term – 12 weeks (Year 1 in Autumn and Reception in Summer) Establish expectations with the swimming tutors around end of year targets. Keep records of achievement for future development.	£5200	All children gaining confidence in spending time in the water. All children able to achieve at least 25m swim by end of Year 6. A Junior swimming team participating in borough and national competition by 2021.
Trained sports coach to lead PE lessons	Trained sports coach to teach all children games and gymnastics from Reception up using Val Sabin scheme	*see Covid-19 addendum below	Children see coach as a role model and are highly engaged in sports activity. Specialist coach encourages increased interest in sports activity in games and gymnastic.
School Sports Day	SP to organise the day to include a range of activities covering all areas of physical education. Books and utilize the sport spaces available in Regent's to organise a range of sports activities for children and parents.	£250	Whole school inclusive and competitive event. Promoting active and healthy lifestyles with the whole school community. Purchase of medals for teams.

	Plan the activities in conjunction with support from the school Coach and coaches from Nike KX. Day to include parent/adult competition Purchase appropriate equipment for the day		
Healthy Lifestyle	Wake up, Shake up! Summer term activity with 10 minutes of dance related fun in the playground for pupils and parents	£200	Promoting a healthy start to the day with 10 minutes of dance routines in the school playground each morning with Miss Wallace. Enjoyment of school life and a sense of well-being (staff too!). Improved self-esteem impacting on other curriculum areas: 'success breeds success'. Improved rhythm and timing (this has helped with music and dance lessons). Improved concentration and application to tasks immediately after the brief exercise session. Improved hydration (children get thirsty and WANT to drink more).
Inclusive practice through support from other professionals	Physiotherapy / OT sessions for year 2 children with SEND – Cerebral Palsy, Pendred syndrome.	£1350	All children are able to participate in physical activities to the best of their ability. TAs are able to support children with SEND in PE sessions.
INDICATOR 2	the profile of PE and sport being raised across the school as a tool for whole school improvement		
Rewards and celebrations	SP to source sports day trophy and certificates for various level of abilities and for each area of activity on sports day	£250	Developing sense of pride and success in sport. Appreciation for the need to do your best in a competition.
INDICATOR 3	increased confidence, knowledge and skills of all staff in teaching PE and sport		
Equipment	Physical team leader to make regular audits of equipment and order as required.	*see Covid-19 addendum below	High quality teaching and learning resources covering a range of sports activities.

INDICATOR 4	broader experience of a range of sports and activities offered to all pupils		
Playground equipment	<p>HLTA with charge for play and recreation to audit current resources, consult with children and teachers and order appropriate equipment to encourage physical play during break and lunchtimes.</p> <p>Playground to be organised into zones with appropriate equipment in each zone to promote physical play and collaboration.</p> <p>HLTA to train members of staff in the use of the equipment and the opportunities for physical play available in each zone.</p>	£2500	<p>Increased physical activity opportunities during lunchtime.</p> <p>Pupils are able to choose from a range of equipment that encourages physical play.</p> <p>Staff on duty are able to encourage and support physical play opportunities.</p>
Multi Sport's Tournament	<p>Nike to introduce a range a range of sporting activities an games to introduce pupils to different sports, events etc.</p>	N/A	<p>Children celebrate the World Cup, Wimbledon with their own sporting events and have opportunity of the sense of competition.</p> <p>Children meet individuals who are passionate about sport and their place of work is about promoting sports – giving the children experience of the wider world of work.</p>
Multi sports holiday club	<p>Set up with the school coach (SS) a multi skills club for the Easter, spring half term and summer holidays.</p> <p>Target specific children who need increased physical activity to attend the club and fund PP and JAM families.</p>	£800	<p>Increased physical activity opportunities for children during the holidays.</p> <p>Children build positivity about sport through fun activities with some elements of competition.</p>
Co-curricular clubs	<p>Organise a range of clubs.</p> <p>Pupil voice to plan for a range of clubs children have expressed an interest in.</p> <p>Work with Nike in organise a range of lunchtime sports clubs.</p>	N/A	<p>Diverse range of clubs for all our children's needs.</p> <p>Encouragement of active and healthy lifestyles.</p>

INDICATOR 5	increased participation in competitive sport		
Sports Day	Every activity on sports day to include an element of competition.	N/A	Increased awareness of the power of competition to motivate and encourage better performance.
Race to Health	To promote and encourage improving on 'personal bests' through challenging themselves. Inter class competition. Introduction to borough wide competition.	N/A	Increased awareness of the power of competition to motivate and encourage better performance.

Cvoid-19 Addendum - 2019/20 Actual Spend

Objective	Key Action	Allocated Funding	Anticipated Outcomes
INDICATOR 1	The engagement of all pupils in regular physical activity – Kick starting a healthy active lifestyle		
Physical Education resources for Covid-19 free home packs	PE Lead to prepare individual packs of equipment to support physical education during the pandemic. The packs will also be utilised in school on the return of children.	£3300	Encourage physical activity within the home because of the limitations due to lockdown restrictions.
Trained sports coach to lead PE lessons remotely and to support the safe teaching of PE when children are able to return to school	Trained sports coach to teach all children PE activities remotely and to prepare Covid-19 safe activities once the children return to school.	£14,250	Children see the coach as a role model and continue to participate in physical activities during lockdown through remote learning. Provide physical activity for those in the critical worker / vulnerable children provision in school. Physical activity supports children's mental health during remote learning .

2019 – 2020 Early Plans:

- To support all children's physical development in light of the impact of Covid-19, in particular those children in EYFS whose physical development has been impacted the most
- To continue to use the funding to give all pupils a term of swimming at 5 Pancras Square when restrictions permit – with year 6 reaching the expected standard of swimming before they leave
- From KS2, introduction to wider sporting events through Camden's sport's development team when restrictions permit.